Hot Legs Road Runners Club and the **Ms. Molly Foundation** are joining forces to present the 1st annual Great Gobbler 5K in Maumelle! The Ms. Molly Foundation collects money and goods for safe houses and shelters for victims of domestic violence around the country in communities where its 142 franchises operate.

All net proceeds will go toward supporting domestic violence victims at shelters for abused women in Little Rock, Ark., including the Dorcas House and the Women and Children First Shelter.

The Hot Legs Road Runners Club was started in 2003 by a group of 13 women who had attended the Woman Can Run clinic and wanted to continue running after the conclusion of the clinic. Today, the club has grown to more than 64 women located throughout central Arkansas. For more information about the running club, please visit www.hotlegsrunforfun.org or call 501-626-8960.

For more information on participating in the event or to become a sponsor, please call Michael Silva-Nash at (501) 773-1578, Kelly Jackson at (501) 786-0737 or visit www.mollymaid.com.

The Great Gobbler planning committee would like to thank Target Printing for their generous donation of their printing services.

The certified 5K race begins and ends at Lake Willastein in Maumelle.

Directions: From West Little Rock, take I-430 North, get off at the Maumelle exit and turn left going back over I-430. Drive for approximately 7 miles and turn left on Audobon Drive. Take a left on Park Drive.

From North Little Rock, take I-430 South, get off at the Maumelle exit and turn right. Drive for approximately 7 miles and turn left on Audobon Drive. Take a left on Park Drive.

From Conway, off of I-40, take the Morgan/Maumelle exit. Go right onto Hwy 100. Go straight through light and continue straight for approximately 4 miles. Take a right on Audobon drive. Take a left on Park Drive.

Race begins at 8:00 am. Award ceremony begins at 9:15 am. Awards will be presented in 13 age categories, 3 deep in Women's, Men's and Children's.

The Great Gobbler 5K

November 15, 2008
Lake Willastein, Maumelle
Presented by:

MS. MOLLY Foundation

HOT LEGS Run For Fun